

Their Time to Ride



Ride On: Effective, Empowering



How does a man paralyzed from the waist down take a walk? How does a child, who can't sit up or swallow or speak, repeat an exercise 1,000 times in 30 minutes? Why would a young woman with autism proclaim that Saturday—her day to ride—as the best day of her week? How does a teenage boy with cerebral palsy gain the confidence to command a half-ton animal and receive the therapies he needs to live as full a life as possible?

The answers are found astride a horse at a Ride On ranch.

Ride On is dedicated to enhancing the quality of life of children, teens and adults with disabilities. Ride On provides adaptive horseback riding lessons and physician prescribed physical, occupational and speech therapies using the movement of the horse to improve specific medical conditions. The people we serve face a wide range of disabilities including autism, blindness, brain injuries, cerebral palsy, stroke, and more.

Through the work of our highly skilled therapists, riding instructors and volunteers, thousands of individuals with disabilities increase coordination, flexibility, balance, strength, confidence and freedom. Every session is designed to bring about an important therapeutic benefit, but to our riders it's their time to ride, their time to have fun.

And the smiles prove it.

Visionary Plans to Sustain Growing Needs

Ride On is one of the largest therapeutic horsemanship organizations in the nation and the only nationally accredited provider of equine assisted physical and occupational therapy in Los Angeles and Ventura Counties. We have a world-class team of therapists and riding instructors who not only provide direct service, they teach and certify new therapists and instructors and participate in research to validate their work. Every week we serve more than 230 riders. Over our first 25 years, we have provided more than 115,000 riding lessons and therapy treatments and the demand is increasing. Ride On currently manages two riding centers comprising 16 acres, multiple buildings and barns along with all the staff, horses and equipment you might imagine.

In the last five years Ride On has raised and invested \$4 million in our facilities, mostly in Chatsworth. As Ride On prepares for the next 25 years of service we have identified another \$5.5 million in building, program and financial projects, each a critical building block of sustainability.

These projects will prepare Ride On for its next generation of service by accomplishing 3 essential goals:

1. Make much-needed improvements to our Conejo Valley ranch in Thousand Oaks built in the 1970's;

2. Complete the buildout of our Chatsworth ranch and payoff the mortgage related to its acquisition; and

3. Build our financial reserves to support growing programs and seed a special fund for future expansion projects.

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San Fernando Valley Ranch Projects



Ride On delivered its first programs on a small leased ranch in the San Fernando Valley. During its infancy, this arrangement worked well, but there was always the fear that the lease would not be renewed. In 2008, after an extensive search, Ride On secured a loan to purchase a 3-acre ranch site in Chatsworth. Ranch ownership brings permanence to our programs and stability to our operations.

To make the new ranch operational, Ride On funded the construction of a 20-stall horse barn, two lighted arenas, a round pen and perimeter trail. We renovated the 1950's era single family home into a caretaker living quarters and instructor offices. Then in 2016 we complete construction of a 2,500 square foot Education and Therapy Building which is now the heart of educational programming and will soon house a physical and occupational therapy clinic.

The remaining challenges in Chatsworth are to pay off the balance on our mortgage and to construct a covered allweather arena. The covered arena is needed to protect our riders, many of whom have very fragile health, during hot summer days and also during the rainy season.

Two special projects will also be the focus of Their Time to Ride campaign. Ride On has been named a Center of Excellence by the US Equestrian Federation and charged with helping to develop the next generation of Paralympic competitors. Also, Ride On remains the only accredited provider of therapy which benefits from the movement of the horse. Building and expanding both of these unique programs will take additional investment.

All together the Chatsworth portion of our project is \$1.1 million.

Conejo Valley Ranch Projects



In 2001, the Conejo Recreation and Park District granted Ride On a \$40 per year 60-year lease of a 13-acre abandoned equestrian center. In exchange, Ride On agreed to repair and maintain the facilities and operate its cutting edge therapeutic riding program on the site. Basic ranch improvements were made as Ride On introduced its services to this new community. Over the years Ride On has repaired and improved the barns so they are safe for our horses and provide office space for our staff. In partnership with the District, the City and Ride On supporters we have improved disabled access, installed accessible bathrooms, renovated our main arena and installed state of the art lighting for winter operations.

Those improvements have worked wonders for 17 years now but if we are going to provide world-class service for the 43 years remaining on our lease – and longer – we need a complete makeover. Our barns were built in the '70's, our office trailers and caretaker quarters were built in the '60's and nothing was built with the needs of riders with disabilities in a therapeutic riding center. With support from the CRPD, Ride On has developed a master plan for our Newbury Park site which will result in a new barn, office space, caretaker quarters and a second, covered. The second arena in particular will allow us to expand dramatically.

The \$3.2 million project is phased. The first phase will be grading, infrastructure, covered arena and the barn and cost \$1 million. The second phase will be the office, classroom and caretaker building and cost \$2.2 million.

Planning for Generations of Service

Sustainable

Finally, Ride On is building a foundation that will serve the community far into the future. To secure that future we are building reserves to protect against the next recession and to allow us to seize opportunities as they arise. Ride On needs to invest in our technology, equipment and staff. Like any business we need liquidity to ensure smooth operations and growth capital to seize new opportunities. Taken together these investments in reserves, infrastructure and innovation are central to our ability to provide world class service for the next generation.

Scholarships

Ride On changes lives for those with limited financial means. As the social safety net is stretched, more families are seeking our services who cannot afford it. Ride On is committed to these families, no matter how hard the times.

Research

Ride On changes lives. There are 28 peer-reviewed scientific studies supporting this fact and we also know this from the constant feedback we receive from riders and their families. Ride On has participated in peer reviewed published research into the effectiveness of its therapy programs.



Please Join Us

We know there are challenging times ahead and we know there is a need for our programs elsewhere in Los Angeles. Their Time to Ride will protect the progress we have made over the last 25 years and advance our work across the community far into the future.

It's their time to ride. It's our time to help.

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Therapeutic Horsemanship

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